



BEES LANDING CLASS SCHEDULE

1580 ASHLEY GARDENS BLVD
CHARLESTON, SC 29414
PHONE (843) 402-4571

Monday, August 16

5:30pm-6:30pm Boot Camp Fitness (gym)
6:00pm-7:00pm Zumba (half gym)

Tuesday, August 17

5:30pm-6:30pm Tae Kwon Do: 5-8yrs old
6:30pm-7:30pm Tae Kwon Do: 9yrs and up
7:30pm-9:00pm Adult Hip Hop

Wednesday, August 18

5:30pm-6:30pm Boot Camp Fitness
5:30pm-6:30pm Spinning
6:30pm-7:30pm Gentle Yoga

Thursday, August 19

9:00am-10:00am Mommy & Me Jazz
5:30pm-6:30pm Tae Kwon Do: 5-8yrs old
6:00pm-7:00pm Zumba
6:30pm-7:30pm Tae Kwon Do: 9yrs and up